

Individual 3 Hour BH Super 6 2019

MTB

Place	Bib #	Name (Team)	Time	Pace	Sex	City
1	19	CONRAD THORMAN	Laps: 6 03:10:57.84	6	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:31:48.796	11.8mph	05:04	00:31:48.796
		Lap 2	00:29:49.247	12.6mph	04:45	01:01:38.043
		Lap 3	00:30:11.583	12.5mph	04:48	01:31:49.626
		Lap 4	00:31:26.998	12.0mph	05:00	02:03:16.624
		Lap 5	00:34:39.714	10.9mph	05:31	02:37:56.338
		Lap 6	00:33:01.503	11.4mph	05:15	03:10:57.841
2	38	ZACH STONE (TWO WHEELER DEALER)	Laps: 5 03:00:38.26	5	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:32:16.705	11.7mph	05:08	00:32:16.705
		Lap 2	00:31:06.907	12.1mph	04:57	01:03:23.612
		Lap 3	00:31:56.937	11.8mph	05:05	01:35:20.549
		Lap 4	00:44:42.622	8.4mph	07:07	02:20:03.171
		Lap 5	00:40:35.093	9.3mph	06:28	03:00:38.264
3	46	MELISSA SMITH	Laps: 5 03:10:21.84	5	F	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:38:02.081	9.9mph	06:03	00:38:02.081
		Lap 2	00:35:32.514	10.6mph	05:39	01:13:34.595
		Lap 3	00:37:05.034	10.2mph	05:54	01:50:39.629
		Lap 4	00:40:42.922	9.2mph	06:29	02:31:22.551
		Lap 5	00:38:59.291	9.7mph	06:12	03:10:21.842
4	22	JEFFREY WISWALL	Laps: 5 03:14:46.79	5	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:38:26.921	9.8mph	06:07	00:38:26.921
		Lap 2	00:36:50.874	10.2mph	05:52	01:15:17.795
		Lap 3	00:38:16.469	9.8mph	06:05	01:53:34.264
		Lap 4	00:40:06.365	9.4mph	06:23	02:33:40.629
		Lap 5	00:41:06.165	9.2mph	06:32	03:14:46.794
5	51	TROY DELONG	Laps: 5 03:34:31.49	5	M	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:42:28.124	8.9mph	06:46	00:42:28.124
		Lap 2	00:39:56.252	9.4mph	06:21	01:22:24.376
		Lap 3	00:41:07.592	9.2mph	06:33	02:03:31.968
		Lap 4	00:44:04.495	8.5mph	07:01	02:47:36.463
		Lap 5	00:46:55.031	8.0mph	07:28	03:34:31.494
6	45	MIKEL CRONIN	Laps: 4 02:37:29.21	4	M	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:38:57.896	9.7mph	06:12	00:38:57.896
		Lap 2	00:37:09.696	10.1mph	05:55	01:16:07.592
		Lap 3	00:39:25.279	9.6mph	06:16	01:55:32.871
		Lap 4	00:41:56.347	9.0mph	06:40	02:37:29.218
7	20	CHRISTOPHER WENGER	Laps: 4 02:44:55.06	4	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:42:30.255	8.9mph	06:46	00:42:30.255
		Lap 2	00:37:11.834	10.1mph	05:55	01:19:42.089
		Lap 3	00:40:37.992	9.3mph	06:28	02:00:20.081
		Lap 4	00:44:34.982	8.4mph	07:06	02:44:55.063
8	17	COREY MOSSET	Laps: 4 03:00:35.99	4	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:46:19.600	8.1mph	07:22	00:46:19.600
		Lap 2	00:47:46.680	7.9mph	07:36	01:34:06.280
		Lap 3	00:46:03.600	8.2mph	07:20	02:20:09.880
		Lap 4	00:40:26.110	9.3mph	06:26	03:00:35.990
9	13	KELLAN ANDERSON	Laps: 4 03:00:35.99	4	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:46:19.600	8.1mph	07:22	00:46:19.600
		Lap 2	00:47:46.924	7.9mph	07:36	01:34:06.524
		Lap 3	00:46:02.539	8.2mph	07:20	02:20:09.063
		Lap 4	00:40:26.936	9.3mph	06:26	03:00:35.999

MTB

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10	65	COREY JOHNSON	Laps: 4 03:13:49.63	4	M	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:35:19.656	10.7mph	05:37	00:35:19.656
		Lap 2	00:33:26.500	11.3mph	05:19	01:08:46.156
		Lap 3	00:34:15.885	11.0mph	05:27	01:43:02.041
		Lap 4	01:30:47.590	4.1mph	14:28	03:13:49.631
11	21	PATRICK WILLIAMS	Laps: 4 03:38:32.50	4	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:50:20.698	7.5mph	08:01	00:50:20.698
		Lap 2	00:51:55.435	7.3mph	08:16	01:42:16.133
		Lap 3	00:53:22.878	7.1mph	08:30	02:35:39.011
		Lap 4	01:02:53.492	6.0mph	10:01	03:38:32.503
12	40	BRYAN WALKER	Laps: 3 02:40:54.58	3	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:54:06.024	7.0mph	08:37	00:54:06.024
		Lap 2	00:51:48.135	7.3mph	08:15	01:45:54.159
		Lap 3	00:55:00.426	6.8mph	08:45	02:40:54.585
13	54	ROBERT VERRY	Laps: 3 02:59:58.00	3	M	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	01:02:09.170	6.1mph	09:54	01:02:09.170
		Lap 2	00:57:28.481	6.6mph	09:09	01:59:37.651
		Lap 3	01:00:20.357	6.2mph	09:36	02:59:58.008
14	39	CAMERON VILLANUEVA	Laps: 3 03:08:46.22	3	M	Sioux falls
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:54:56.751	6.9mph	08:45	00:54:56.751
		Lap 2	01:02:55.454	6.0mph	10:01	01:57:52.205
		Lap 3	01:10:54.015	5.3mph	11:17	03:08:46.220
15	33	LIZZY HENNING	Laps: 3 03:31:13.48	3	F	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	01:05:52.316	5.7mph	10:29	01:05:52.316
		Lap 2	01:07:01.256	5.6mph	10:40	02:12:53.572
		Lap 3	01:18:19.915	4.8mph	12:28	03:31:13.487
16	120	ADAM NELSON	Laps: 2 02:42:01.66	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	00:54:27.524	6.9mph	08:40	00:54:27.524
		Lap 2	01:47:34.140	3.5mph	17:08	02:42:01.664
17	116	ROBERT BARNES	Laps: 2 04:06:45.69	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	01:52:10.825	3.4mph	17:52	01:52:10.825
		Lap 2	02:14:34.865	2.8mph	21:26	04:06:45.690
18	15	SCOTT DUNCAN	Laps: 1 01:10:43.90	1	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	01:10:43.907	5.3mph	11:16	01:10:43.907
19	14	EVAN DUNCAN	Laps: 1 01:11:02.64	1	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Lap 1	01:11:02.642	5.3mph	11:19	01:11:02.642