

Teams 6 Hour Super 6 2019

6 Hour Male Team

Place	Bib #	Name (Team)	Time	Pace	Sex	City
1	111	TREVOR KRUGMAN (QRUSHERS)	Laps: 6 06:36:51.14	6	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:34:07.534	11.0mph	05:26	00:34:07.534
		Split 2	01:05:01.094	5.8mph	10:21	01:39:08.628
		Split 3	01:08:22.878	5.5mph	10:53	02:47:31.506
		Split 4	01:08:42.670	5.5mph	10:56	03:56:14.176
		Split 5	01:11:28.865	5.3mph	11:23	05:07:43.041
		Split 6	01:29:08.108	4.2mph	14:12	06:36:51.149
2	139	JASON THORMAN (LICKETY SPLIT)	Laps: 5 05:52:17.19	5	M	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:36:58.848	10.2mph	05:53	00:36:58.848
		Split 2	01:10:53.959	5.3mph	11:17	01:47:52.807
		Split 3	01:10:19.263	5.4mph	11:12	02:58:12.070
		Split 4	01:11:19.930	5.3mph	11:21	04:09:32.000
		Split 5	01:42:45.197	3.7mph	16:22	05:52:17.197
3	128	CASEY BERGSTROM (QRUSHERS)	Laps: 5 05:53:19.66	5	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:06:29.229	5.7mph	10:35	01:06:29.229
		Split 2	01:06:27.985	5.7mph	10:35	02:12:57.214
		Split 3	01:08:14.565	5.5mph	10:52	03:21:11.779
		Split 4	01:09:43.503	5.4mph	11:06	04:30:55.282
		Split 5	01:22:24.382	4.6mph	13:07	05:53:19.664
4	129	JOSH WANGEMAN (TEACHERS)	Laps: 5 06:08:56.23	5	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:38:28.043	9.8mph	06:07	00:38:28.043
		Split 2	01:15:41.396	5.0mph	12:03	01:54:09.439
		Split 3	01:16:56.008	4.9mph	12:15	03:11:05.447
		Split 4	01:21:23.043	4.6mph	12:58	04:32:28.490
		Split 5	01:36:27.744	3.9mph	15:22	06:08:56.234
5	138	MICHAEL MCNAUGHT (LICKETY SPLIT)	Laps: 5 06:28:21.19	5	M	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:11:39.104	5.3mph	11:25	01:11:39.104
		Split 2	01:11:01.116	5.3mph	11:18	02:22:40.220
		Split 3	01:13:31.740	5.1mph	11:42	03:36:11.960
		Split 4	01:42:16.762	3.7mph	16:17	05:18:28.722
		Split 5	01:09:52.468	5.4mph	11:08	06:28:21.190
6	127	ERIC ANDERSON (TEACHERS)	Laps: 4 05:16:11.34	4	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:15:01.144	5.0mph	11:57	01:15:01.144
		Split 2	01:16:37.556	4.9mph	12:12	02:31:38.700
		Split 3	01:18:35.229	4.8mph	12:31	03:50:13.929
		Split 4	01:25:57.416	4.4mph	13:41	05:16:11.345
7	133	MATT GROSS (WHEELIN ON)	Laps: 4 06:06:00.35	4	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:33:16.399	11.3mph	05:18	00:33:16.399
		Split 2	01:42:49.186	3.7mph	16:23	02:16:05.585
		Split 3	02:38:29.618	2.4mph	25:15	04:54:35.203
		Split 4	01:11:25.154	5.3mph	11:22	06:06:00.357
8	113	ROBERT PRANN (THE LOST CABIN BOYS)	Laps: 4 06:14:15.31	4	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:37:12.796	10.1mph	05:55	00:37:12.796
		Split 2	01:48:09.867	3.5mph	17:14	02:25:22.663
		Split 3	01:48:22.999	3.5mph	17:16	04:13:45.662
		Split 4	02:00:29.657	3.1mph	19:11	06:14:15.319
9	126	CHISOLM MCDONALD (WHEELIN ON)	Laps: 3 04:08:58.82	3	M	Rapid city
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:09:36.215	5.4mph	11:05	01:09:36.215
		Split 2	01:40:39.980	3.7mph	16:02	02:50:16.195
		Split 3	01:18:42.626	4.8mph	12:32	04:08:58.821

6 Hour Male Team

Place	Bib #	Name (Team)	Time	Pace	Sex	City
10	109	JOSH BRUHN (THE LOST CABIN BOYS)	Laps: 3 04:51:51.88	3	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:14:15.643	5.1mph	11:49	01:14:15.643
		Split 2	01:49:34.277	3.4mph	17:27	03:03:49.920
		Split 3	01:48:01.960	3.5mph	17:12	04:51:51.880
11	132	PETER FRANZ (WHEELIN ON)	Laps: 3 05:30:41.02	3	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:44:59.781	3.6mph	16:43	01:44:59.781
		Split 2	01:39:27.632	3.8mph	15:50	03:24:27.413
		Split 3	02:06:13.607	3.0mph	20:06	05:30:41.020
12	114	LUKE ROSS (THE LOST CABIN BOYS)	Laps: 3 05:32:28.84	3	M	Summerset
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:48:39.324	3.5mph	17:18	01:48:39.324
		Split 2	01:48:52.314	3.5mph	17:20	03:37:31.638
		Split 3	01:54:57.211	3.3mph	18:19	05:32:28.849

6 Hour Female Team

Place	Bib #	Name (Team)	Time	Pace	Sex	City
1	134	SARAH GROSS (SPARE TIRE)	Laps: 3 05:04:42.08	3	F	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:55:33.140	6.8mph	08:51	00:55:33.140
		Split 2	01:43:02.219	3.7mph	16:25	02:38:35.359
		Split 3	02:26:06.730	2.6mph	23:16	05:04:42.089
2	130	KARYN FRANZ (SPARE TIRE)	Laps: 3 06:06:42.08	3	F	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:42:33.166	3.7mph	16:20	01:42:33.166
		Split 2	02:02:06.275	3.1mph	19:27	03:44:39.441
		Split 3	02:22:02.647	2.7mph	22:38	06:06:42.088

6 Hour Mixed Team

Place	Bib #	Name (Team)	Time	Pace	Sex	City
1	136	CHRIS TEESLINK (KESSEL RUN)	Laps: 3 05:19:38.72	3	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:06:18.844	5.7mph	10:33	01:06:18.844
		Split 2	02:15:27.128	2.8mph	21:34	03:21:45.972
		Split 3	01:57:52.756	3.2mph	18:46	05:19:38.728
2	121	JAMESON OVERVOLD (HAVE A WILLIE NICE DAY)	Laps: 3 05:25:31.58	3	M	Sturgis
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:42:38.386	8.8mph	06:47	00:42:38.386
		Split 2	02:24:19.571	2.6mph	22:59	03:06:57.957
		Split 3	02:18:33.630	2.7mph	22:04	05:25:31.587
3	135	ROB LOFTUS (KESSEL RUN)	Laps: 3 06:06:21.88	3	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:39:17.121	3.8mph	15:49	01:39:17.121
		Split 2	02:26:55.434	2.6mph	23:24	04:06:12.555
		Split 3	02:00:09.325	3.1mph	19:08	06:06:21.880
4	131	LEVI FRANZ (KESSEL RUN)	Laps: 2 02:48:36.66	2	M	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:34:36.619	10.9mph	05:30	00:34:36.619
		Split 2	02:14:00.047	2.8mph	21:21	02:48:36.666
5	124	JARED WILLSON (CROW PEAK CROSSFIT)	Laps: 2 03:39:19.67	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:39:58.396	9.4mph	06:22	00:39:58.396
		Split 2	02:59:21.279	2.1mph	28:34	03:39:19.675

Teams 6 Hour Super 6 2019

6 Hour Mixed Team

Place	Bib #	Name (Team)	Time	Pace	Sex	City
6	117	JUDAH BOKE (CROW PEAK CROSSFIT)	Laps: 2 04:17:02.95	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:18:56.245	4.8mph	12:34	01:18:56.245
		Split 2	02:58:06.710	2.1mph	28:22	04:17:02.955
7	122	JENN TOBIN (HAVE A WILLIE NICE DAY)	Laps: 2 04:41:09.04	2	F	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	03:54:36.697	1.6mph	37:22	03:54:36.697
		Split 2	00:46:32.345	8.1mph	07:24	04:41:09.042
8	137	KATIE TEESLINK (KESSEL RUN)	Laps: 2 04:44:31.09	2	F	Rapid City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	02:18:42.084	2.7mph	22:06	02:18:42.084
		Split 2	02:25:49.015	2.6mph	23:14	04:44:31.099
9	125	MICAH WILLSON (CROW PEAK CROSSFIT)	Laps: 2 05:04:47.32	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	02:11:11.188	2.9mph	20:54	02:11:11.188
		Split 2	02:53:36.135	2.2mph	27:39	05:04:47.323
10	123	LYRIC WILLIAMS (CROW PEAK CROSSFIT)	Laps: 2 06:06:42.65	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	03:01:31.867	2.1mph	28:55	03:01:31.867
		Split 2	03:05:10.790	2.0mph	29:30	06:06:42.657
11	118	NICOLE DOUGLAS (HAVE A WILLIE NICE DAY)	Laps: 2 06:28:45.80	2	F	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	02:25:57.943	2.6mph	23:15	02:25:57.943
		Split 2	04:02:47.859	1.6mph	38:41	06:28:45.802
12	119	TAARON HOPPER (HAVE A WILLIE NICE DAY)	Laps: 1 01:35:31.21	1	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:35:31.211	3.9mph	15:13	01:35:31.211

6 Hour Junior Team

Place	Bib #	Name (Team)	Time	Pace	Sex	City
1	104	RILEY BESLER (DIRTY CHAIN GANG)	Laps: 3 06:26:39.38	3	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:37:13.456	10.1mph	05:55	00:37:13.456
		Split 2	02:45:25.839	2.3mph	26:21	03:22:39.295
		Split 3	03:04:00.091	2.0mph	29:19	06:26:39.386
2	106	SHAUN COTA (DIRTY CHAIN GANG)	Laps: 2 04:08:51.96	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:27:08.693	4.3mph	13:53	01:27:08.693
		Split 2	02:41:43.271	2.3mph	25:46	04:08:51.964
3	105	ZABREE BUSH (DIRTY CHAIN GANG)	Laps: 2 04:56:02.43	2	M	Sturgis
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	02:11:41.077	2.9mph	20:58	02:11:41.077
		Split 2	02:44:21.354	2.3mph	26:11	04:56:02.431
4	107	GIBSON HEATHMAN (DIRTY CHAIN GANG)	Laps: 2 05:36:03.41	2	M	Spearfish
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	02:44:59.205	2.3mph	26:17	02:44:59.205
		Split 2	02:51:04.209	2.2mph	27:15	05:36:03.414